

MONTANA CHEMICAL DEPENDENCY CENTER POLICY AND PROCEDURE MANUAL

Policy Subject: Scope of Chemical Dependency Services	
Policy Number: CPT 04	Standards/Statutes: ARM 37.27.130
Effective Date: 01/01/02	Page 1 of 2

PURPOSE: To define the scope of chemical dependency services within the multi-disciplinary treatment approach of the facility.

POLICY: All patients will receive comprehensive chemical dependency treatment that is consistent with or exceeds established state standards for in-patient, residential, freestanding treatment facilities.

PROCEDURE:

The chemical dependency treatment component of services consists of, but may not necessarily be limited to, the following:

- I. Twenty to sixty hours of therapeutic contact time per week, which includes at least four skilled treatment services per day, six days a week?
- II. A minimum of fourteen hours of group therapy per week consistent with the patient's individual treatment plan.
- III. A minimum of 10 times per week a structured educational session with the focus on the essential elements of recovery.
- IV. Periodic assessment by the licensed chemical dependency staff in the form of continued stay reviews a minimum of two times during the patient's treatment stay, request of the treatment team, discharge planning.
- V. Social and recreational activities.

- VI. Family counseling provided weekly in the form of family day which includes information related to the family disease, Alanon, family group, individual family therapy as needed, and visiting.
- VII. Referral, discharge, and follow-up services that ensure continuity of care after discharge.
- VIII. Transportation services are provided to local community appointments; to and from the bus depot, and a bus ticket will be issued at the time of discharge to a community in Montana where the patient is returning to for follow-up care.
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Revisions: _____

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Name	Title	Date

Approved By: _____	<u>01/01/02</u>
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